



**Waters Landing**  
ELEMENTARY SCHOOL

# The Dolphin News

February 2017 Issue

[www.waterslandingpta.com](http://www.waterslandingpta.com)

A Publication of the Waters Landing Elementary School PTA

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**2016-2017  
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Dear Waters Landing Families:

As we begin the third marking period, the start of a new quarter is always a good time to review with your child how things are going in school. Please know that at any time you can make an appointment to meet with your child's teacher to discuss progress in school.

Our students are making great progress. In January students participated in the Winter Measures of Academic Progress (MAP) assessments. Students in grades K-2 were assessed in math ONLY. Students in grades 3 through 5 were assessed in reading and math. Additionally, students in grades K-2 were assessed in reading using the MCPS Primary Reading Assessment. Our goal is to have each student at the 50<sup>th</sup> percentile by the end of the Spring MAP Assessment window. The grade level benchmarks for reading are noted below for each grade level, as well as the Math benchmarks for the MAP assessments. Please contact your child's teacher if you have any questions.

<u>Grade Level</u>	<u>End of Year Benchmark</u>	<u>End of Year MAP-R (Reading)</u>	<u>End of Year MAP-P or MAP-M (Math)</u>
<b>Kindergarten</b>	<b>Level 4-6</b>	<b>N/A</b>	<b>159</b>
<b>1st Grade</b>	<b>Level 16-17</b>	<b>N/A</b>	<b>181</b>
<b>2nd Grade</b>	<b>Level M</b>	<b>N/A</b>	<b>192</b>
<b>3rd Grade</b>	<b>Level P</b>	<b>199</b>	<b>203</b>
<b>4th Grade</b>	<b>Level S-T</b>	<b>206</b>	<b>213</b>
<b>5th Grade</b>	<b>Level V-W</b>	<b>212</b>	<b>221</b>

National School Counseling Week is celebrated the first full week in February (2/6 – 2/10). We'd like to recognize our school counselors, Mrs. Karen Lauren and Mrs. Felsher, for all they do for our school. School counselors work with students to help them achieve academic and social/emotional success and help identify community resources to assist families. Make certain you acknowledge Mrs. Lauren and Mrs. Felsher when you see them around WLES.

Thank you to all of the parents who have been volunteering their time. Helping out in the classroom or doing things to help instruction at home certainly has made a difference in our school.

Thank you for your ongoing support of your child's education.

*Sincerely,*

Ms. Srelyne A. Harris, *Principal*

Mrs. Chris Troffkin, *Assistant Principal*

## Spirit Night!!!

Our next restaurant fundraiser is all day **Wednesday February 22nd at Da Marco**, the new Italian restaurant located by the Wegmans. Visit [www.damarcotheitalianplace.com](http://www.damarcotheitalianplace.com) to take a peek at the menu. Popular kids' items include \$5-\$6.50 pasta dishes or splitting a 10-inch pizza. Ask your server! **Da Marco will donate 20%** of the proceeds from each order to our school if you show your flyer or mention Waters Landing Elementary.

From the PTA President,



We had such an exciting time at our Winter Dance on January 13. Thanks to all of the students and parents who came out and helped us shake off our winter blues!

The PTA has some exciting events coming up in February and March. On February 23, we will hold our annual science fair. Sign ups will be coming home soon for participants and judges/volunteers. We hope to see lots of budding scientists showcasing their fantastic ideas!

Our spring fundraiser will be a READ-A-THON which will start in early March and will coincide with our spring book fair. More details about these events will be coming home in your student's folders in the coming weeks. Our next PTA meeting will be Tuesday, February 7 at 7:00 PM in the school library. If you have any questions or would like to share some of your ideas and thoughts, please feel free to contact me.

Thank you,

Sheri Schully

Waters Landing Elementary School PTA President, 2016-2017

Proud mother of Madeleine (3<sup>rd</sup> grade), and Corinne (Kindergarten)

[sherischully@gmail.com](mailto:sherischully@gmail.com)

### Waters Landing Elementary School PTA Membership

We are always welcoming new family members, so please take the time to show your support and send in your membership form. Forms are available for download on the PTA's website.

#### Top Ten Reasons to Join the WLES PTA

1. **Your child benefits.** Research shows children whose parents are involved get better grades, do better on tests, and have fewer discipline problems at school.
2. **We make a difference.** Our mission is to help create a school where teachers, parents, and administrators come together to help all WLES children. We provide support for teachers in and out of the classroom and help create growth opportunities for all WLES children.
3. **We pledge to honor your time constraints.** People are often reluctant to participate because they are afraid they will get pulled into a black hole of never-ending time commitment. We will not push you to commit more than you want to or are able to. An hour or two a semester really makes a difference.
4. **We have fun.** We accomplish a lot, and not everything we do is easy. We do not take ourselves too seriously, and we try to enjoy ourselves.
5. **Meet nice people who share your concerns.** We all have a common bond- we care about creating the best possible educational experience for our children. Many friendships have developed as a result of those connections.
6. **There is a lot to be done.** These days, schools are asked to do more with less. Our help is needed more than ever to fill the gaps.
7. **We can match jobs to your interests and abilities.** The work we do covers a broad spectrum: planning and events, writing and editing, working directly with children, managing budgets and cash flow, and lots more. We encourage creative ideas and we are thrilled to have people take on tasks that meet their skills and interests.
8. **We are welcoming.** To us, there are no "outsiders." We are people who have come together to work toward common goals. We couldn't be happier to have you join us in working toward those goals.
9. **We are focused on parent involvement, not fundraising.** Our number one goal is to get more parents connected to the school. Building parent involvement in education is the number one thing we can do to create a great school. However, to provide many of our programs, we need to raise funds.
10. **The work is very rewarding.** It is seeing the smile that shows we are making school a little more fun. There are lots of rewards for those who get involved.

## There are many ways to stay up to date with what is happening with WLES and the PTA.

- ◆ Like and Follow us on Facebook - <https://www.facebook.com/WLESPTA/?fref=ts>
- ◆ Follow us on Twitter - @WatersLanding
- ◆ Visit our website - [www.waterslandingpta.com](http://www.waterslandingpta.com)
- ◆ Contact us on our **Contact Us** tab on our website



## BOX TOP NEWS

Thank you so much to those of you who have been sending in Box Tops, every little bit helps. Soon we will be announcing a Box Tops Collection Raffle, so keep an eye out, a flyer will be coming in your student's folder this week. And remember, Box Tops are on the packaging of hundreds of products that you use everyday and are each worth 10 cents that quickly add up to real cash for our school. For more information visit [www.BTFE.com](http://www.BTFE.com)

## COUNSELOR'S CORNER – MS. LAURENO

Our January counseling theme is goal-setting, which is naturally aligned with the beginning of a new year. We are discussing our goals, both short term and long term ones, and learning many strategies to reach these goals. Our goal setting strategies are divided into the 4 P's:

1. Plan - What do I need to do to reach my goal?
2. Prioritize – What do I need to do first? Next?
3. Persist - I will never give up until I reach my goal.
4. Practice - Reaching my goal will take practice. I have to continue to work hard and give my best effort.

We talked about how Dr. Martin Luther King, Jr. achieved his goals through his hard work and dedication to equal rights. He was an extraordinary man of peace who changed our nation.

In February we will honor two American Presidents who also have a holiday named for them: Abraham Lincoln and George Washington. Please discuss these American heroes contributions with your children.

The Harvard Health Blog is a wonderful source of information on health, physical and mental.

<http://www.health.harvard.edu/blog> You can subscribe for free.

In the latest issue, Harvard released the findings of a research study done by their School of Public Health with respect to reaping the health benefits of an optimistic attitude.

They found that the risk of dying from cancer, heart disease, stroke, respiratory diseases and infection were far lower in those who maintained an optimistic outlook on life:

the sense that everything will be okay.

They also stated that a few simple changes can help people improve their sense of optimism.

**YES, YOU CAN ACQUIRE OPTIMISM!**

The following strategies were cited in helping you see the world through rosier glasses;

1. Accentuate the positive: Keep a journal of the good things that have happened, how they came about, and what you can do to keep them coming.
2. Eliminate the negative: When you find yourself ruminating on negative situations, do something to short-circuit that train of thought. Turn on your favorite music. Reread a novel you love, or get in touch with a good friend
3. Act locally: Don't feel frustrated about your inability to influence global affairs. Instead, do something that can make a small positive change in your community. Donate clothes to a charity, help clean or replant a park, volunteer in an after-school program.
4. Be easier on yourself: Take care of your body, eat well, exercise, get enough sleep. Show yourself the same kind of compassion you show others. Forgive yourself for Past mistakes and move on. Take stock of your talents and abilities and concentrate on your positive gifts.
5. Learn mindfulness: Focus your attention on the present moment. Breathe deeply and relax.

There are many books written by Martin Seligman which explore the role of parents in raising optimistic children. They are well worth reading.

## **COUNSELOR'S CORNER – MS. LAURENO**

### **PEACEMAKERS SELECTED BY THEIR PEERS FOR DEMONSTRATING OUR THREE CORE VALUES AT ALL TIMES: RESPECT, RESPONSIBILITY AND SAFETY.**

Congratulations to the following students for this special honor:  
Their names are listed on our STAR bulletin board outside of the counseling offices.

Amanda German	Abby Zambrana Urquizo	Daniel Evisou
Isutu Kamara	Alyson Monroy	Teagan Maines
Joel Boakye	Aubrey Sweeney	Elliot Avalos
Demani Gerard	Irina Ranaivoarison	Diba Karodeh
Olivia Hamilton	Wesley Diaz	Ciara Ortiz

### **IMPORTANT OPPORTUNITY FOR STUDENTS AGES 8-12 WHO ARE GRIEVING!**

Hospice Caring is delighted to announce CAMP ERIN, Montgomery County, MD. Camp Erin is a free, weekend-long experience which combines traditional fun camp activities with grief education and emotional support.

Led by grief professionals and trained volunteers, Camp Erin provides a unique opportunity for youth facing similar life circumstances to increase levels of hope, enhance self-esteem and learn they are not alone. Each student has a one on one big buddy. They make memory boxes, hand-painted T-shirts and many other crafts.

**The camp will be held this year on Friday June 2 at 4 pm- Sunday June 4, 2017**

Please contact Mrs. Lauren, Mrs. Felsher or Mrs. Iuculano at WLES for an application and any questions. Many students from WLES have attended this camp, and they all have come back to tell us what a fabulous experience Camp provided.

### **Rolling with the Punches: Developing Emotional Resilience**

"Emotional resilience simply refers to one's ability to adapt to stressful situations or crises. More resilient people are able to "roll with the punches" and adapt to adversity without lasting difficulties, while less resilient people have a harder time with stress and life changes."

Major disruptions are a "gotcha" we all experience at one time or another in our lives. We lose a job, fail a test or get passed over for another girl or boy; a loved one dies, leaves or gets in trouble; a project stalls or gets cancelled. The list, unfortunately, is endless.

For more information visit the Expressive Therapy Center's website.

[http://www.expressivetherapycenter.com/news/rolling-punches-developing-emotional-resilience?utm\\_source=January+2017-+Emotional+Resilience&utm\\_campaign=resilience&utm\\_medium=email](http://www.expressivetherapycenter.com/news/rolling-punches-developing-emotional-resilience?utm_source=January+2017-+Emotional+Resilience&utm_campaign=resilience&utm_medium=email)

**Waters Landing Science Fair is here!  
Registration Forms attached**



## **2017 WLES Science Fair**

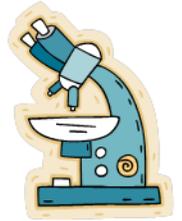
**Thursday, February 23<sup>rd</sup>**

***Join the fun and sign up for science fair!***





# 2017 WLES Science Fair



**Thursday, February 23<sup>rd</sup>**

***Join the fun and sign up for science fair!***

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## Schedule

**6:30pm: Set up** Students with projects bring their display boards and materials to the gymnasium.

**7:00pm: Science Fair** Students present their experiments and demonstrations to judges. Students will stand by their displays and answer questions to both judges and people attending the event.

**8:30pm: Clean up** Students will break down their displays and take them home.

## How Can You Participate?

Participation is voluntary and open to **ALL** students in kindergarten through 5<sup>th</sup> grade. Up to three students may work together on a project. Each project will be provided approximately 36" x 36" to display at the science fair. Projects must include a free standing display board, which includes: Names, Grade, Questions you are exploring and other information related to your project. (Additional information can be found in the Science Fair Guide.) Projects may be accompanied by physical objects such as a model, samples or materials. Projects must NOT require electricity, unless it is battery operated.

- ✓ **Entry form deadline is February 17, 2017.** Place forms in the PTA box located in the school office.
- ✓ Science Fair Guides and trifold display boards are available in the Media Center with Mrs. Zygmunt. Display boards are available for \$4 each. Please bring exact change in cash.
- ✓ Entry forms and Science Fair Guides are also available to download from the WLES and WLES PTA websites.
- ✓ Class with the most entries will receive a pizza party! The teacher from this class will also receive a classroom subscription to a science magazine.

## Where to find science projects

**Parents! You do not need to be a scientist to help your child complete a science fair project.**

Science Fair topics and ideas can be found on the following websites: [www.sciencebuddies.org](http://www.sciencebuddies.org), [www.cool-science-projects.com](http://www.cool-science-projects.com), [www.super-science-fair-projects.com](http://www.super-science-fair-projects.com), [www.sciencemadesimple.com](http://www.sciencemadesimple.com), [www.education.com/science-fair/elementary-school/](http://www.education.com/science-fair/elementary-school/)

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### Entry Form

Please complete and return form by February 17<sup>th</sup> to WLES office in an envelope marked, "PTA Science Fair".

\_\_\_\_\_  
Student Name (first /last)

\_\_\_\_\_  
Grade

\_\_\_\_\_  
Teacher

\_\_\_\_\_  
Parent/Guardian Name

\_\_\_\_\_  
Email

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Parent/Guardian Signature of Support for the Science Project

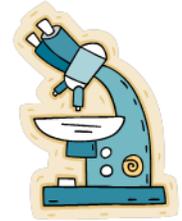
Title of Project: \_\_\_\_\_

If you are working with a partner, please write their name/grade/teacher (**partners must also submit a registration form**): \_\_\_\_\_

Any questions, please contact Brooke Levey by email at [markandbrooke1@verizon.net](mailto:markandbrooke1@verizon.net).



# 2017 WLES Feria de Ciencias



**Jueves, Febrero 23<sup>rd</sup>**

***Unete a la diversion y registrar!***

## Horario

**6:30pm: Preperar** Participantes preparan sus presentaciones en las areas indicadas en el Gimnasio

**7:00pm Feria de Ciencias** participantes deliveración/calificación por los jueces. Participantes guardan sus presentaciones y responder a las preguntas de los magistrados y las personas que asistan al evento

**8:30pm Limpiar** estudiantes tomarán en la pantalla y se la lleva a su casa

## Como puedes participar?

Esta división es de estudiantes y sus familias en los grados de Kindergarten, Primero y Segundo Primaria. Cada proyecto será proporcionado aproximadamente 36" x 36" para mostrar en la feria de ciencias. Los proyectos deben incluir una platero, que incluye: nombre, Grado, preguntas que están explorando y otra información relacionada con el proyecto. (Se puede encontrar información adicional en la Fira de la Ciència guía.) Los proyectos podrán estar acompañados por objetos físicos como por ejemplo, un modelo, muestras o materiales. Los proyectos deben realizarse **SIN** electricidad, a menos que está funcionando con la batería.

- ✓ **Formulario de entrada fecha límite es 17 de febrero de 2017.** Lugar de pesetas las formas en el recuadro que se encuentra en la oficina de la escuela.
- ✓ Feria de Ciencias triple pantalla guías y directorios están disponibles en el Centro de Medios con Mrs Zygmunt.
- ✓ Paneles de visualización están disponibles por \$4 cada uno. Por favor traiga cambio exacto en efectivo.
- ✓ Formularios de Entrada Feria de Ciencias y también hay guías disponibles para descargar en la PTA WLES WLES y sitios web.
- ✓ Clase con el la mayoría de las entradas recibirán una pizza party! El maestro de esta clase también recibirán un aula suscripción a una revista científica.

## Donde puede encuentran proyecto ciencias

**Padres! No es necesario ser un científico para ayudar a llevar a su hijo un proyecto para la feria de ciencias.**

Feria de Ciencias temas y las ideas se pueden encontrar en los siguientes sitios web: [www.sciencebuddies.org](http://www.sciencebuddies.org), [www.cool-science-projects.com](http://www.cool-science-projects.com), [www.super-science-fair-projects.com](http://www.super-science-fair-projects.com), [www.sciencemadesimple.com](http://www.sciencemadesimple.com), [www.education.com/science-fair/elementary-school/](http://www.education.com/science-fair/elementary-school/)

Nombre del Estudiante (Nombre /Apellido)

Grado

Maestro (a)

Nombre del Padre/Tutor

Correo Electrónico

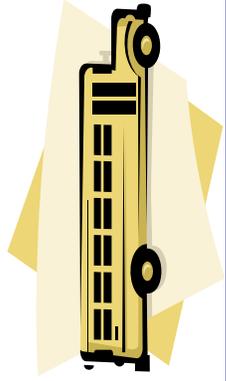
Telefono

Firma del Padre/Tutor que dara el apoyo para el proyecto científico

Titulo del Proyecto: \_\_\_\_\_

Si se trabaja con un compañero, porfavor escriba su nombre/grado/maestro(a) (**compañeros tambien deben de llenar un formulario de inscripción**): \_\_\_\_\_

Preguntas?, porfavor contacte a Brooke Levey por correo electrónico a: [markandbrooke1@verizon.net](mailto:markandbrooke1@verizon.net).



# February 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7 WLES PTA Meeting Media Center 7:00pm	8	9	10	11
12	13	14	15	16	17	18
19	20 Holiday No School	21	22 Spirit Night!! De Marco Restaurant All Day	23 WLES Science Fair	24	25
26	27	28				